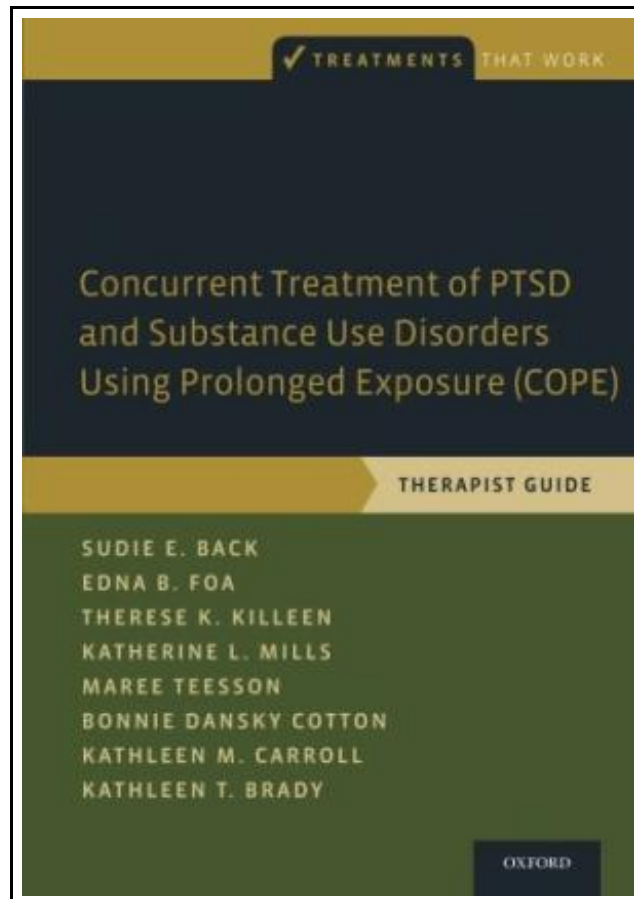


Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE): Therapist Guide



Filesize: 1.2 MB

Reviews

This sort of publication is everything and made me seeking forward and much more. Better than never, though i am quite late in start reading this one. I am easily could possibly get a delight of reading through a created pdf.




(Quinton Balistreri)

CONCURRENT TREATMENT OF PTSD AND SUBSTANCE USE DISORDERS USING PROLONGED EXPOSURE (COPE): THERAPIST GUIDE



To get **Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE): Therapist Guide** eBook, you should refer to the link below and download the file or have access to additional information which are related to CONCURRENT TREATMENT OF PTSD AND SUBSTANCE USE DISORDERS USING PROLONGED EXPOSURE (COPE): THERAPIST GUIDE book.

Oxford University Press Inc. Paperback. Book Condition: new. BRAND NEW, Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE): Therapist Guide, Sudie E. Back, Edna B. Foa, Therese K. Killeen, Katherine L. Mills, Maree Teesson, Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure (COPE) is a cognitive-behavioral psychotherapy program designed for patients who have posttraumatic stress disorder (PTSD) and a co-occurring alcohol or drug use disorder. COPE represents an integration of two evidence-based treatments: Prolonged Exposure (PE) therapy for PTSD and Relapse Prevention for substance use disorders. COPE is an integrated treatment, meaning that both the PTSD and substance use disorder are addressed concurrently in therapy by the same clinician, and patients can experience substantial reductions in both PTSD symptoms and substance use severity. Patients use the COPE Patient Workbook while their clinician uses the Therapist Guide to deliver treatment. The program is comprised of 12 individual, 60 to 90 minute therapy sessions. The program includes several components: information about how PTSD symptoms and substance use interact with one another; information about the most common reactions to trauma; techniques to help the patient manage cravings and thoughts about using alcohol or drugs; coping skills to help the patient prevent relapse to substances; a breathing retraining relaxation exercise; and in vivo (real life) and imaginal exposures to target the patient's PTSD symptoms.

-  [Read Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure \(COPE\): Therapist Guide Online](#)
-  [Download PDF Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure \(COPE\): Therapist Guide](#)
-  [Download ePUB Concurrent Treatment of PTSD and Substance Use Disorders Using Prolonged Exposure \(COPE\): Therapist Guide](#)

Other Books



[PDF] Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)

Click the web link below to read "Environments for Outdoor Play: A Practical Guide to Making Space for Children (New edition)" PDF file.

[Read eBook »](#)



[PDF] Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers

Click the web link below to read "Kindergarten Culture in the Family and Kindergarten; A Complete Sketch of Froebel s System of Early Education, Adapted to American Institutions. for the Use of Mothers and Teachers" PDF file.

[Read eBook »](#)



[PDF] Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Click the web link below to read "Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook" PDF file.

[Read eBook »](#)



[PDF] It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

Click the web link below to read "It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em" PDF file.

[Read eBook »](#)



[PDF] The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Click the web link below to read "The Official eBay Guide: To Buying, Selling and Collecting Just About Everything" PDF file.

[Read eBook »](#)



[PDF] A Parent s Guide to STEM

Click the web link below to read "A Parent s Guide to STEM" PDF file.

[Read eBook »](#)



[PDF] A Kindergarten Manual for Jewish Religious Schools; Teacher s Text Book for Use in School and Home

Access the web link under to download "A Kindergarten Manual for Jewish Religious Schools; Teacher s Text Book for Use in School and Home" PDF file.

[Read PDF »](#)



[PDF] Leave It to Me (Ballantine Reader's Circle)

Access the web link under to download "Leave It to Me (Ballantine Reader's Circle)" PDF file.

[Read PDF »](#)



[PDF] Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large

Access the web link under to download "Dont Line Their Pockets With Gold Line Your Own A Small How To Book on Living Large" PDF file.

[Read PDF »](#)



[PDF] Read Write Inc. Phonics: Grey Set 7 Non-Fiction 2 a Flight to New York

Access the web link under to download "Read Write Inc. Phonics: Grey Set 7 Non-Fiction 2 a Flight to New York" PDF file.

[Read PDF »](#)



[PDF] Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners

Access the web link under to download "Learn the Nautical Rules of the Road: An Expert Guide to the COLREGs for All Yachtsmen and Mariners" PDF file.

[Read PDF »](#)



[PDF] Twitter Marketing Workbook: How to Market Your Business on Twitter

Access the web link under to download "Twitter Marketing Workbook: How to Market Your Business on Twitter" PDF file.

[Read PDF »](#)