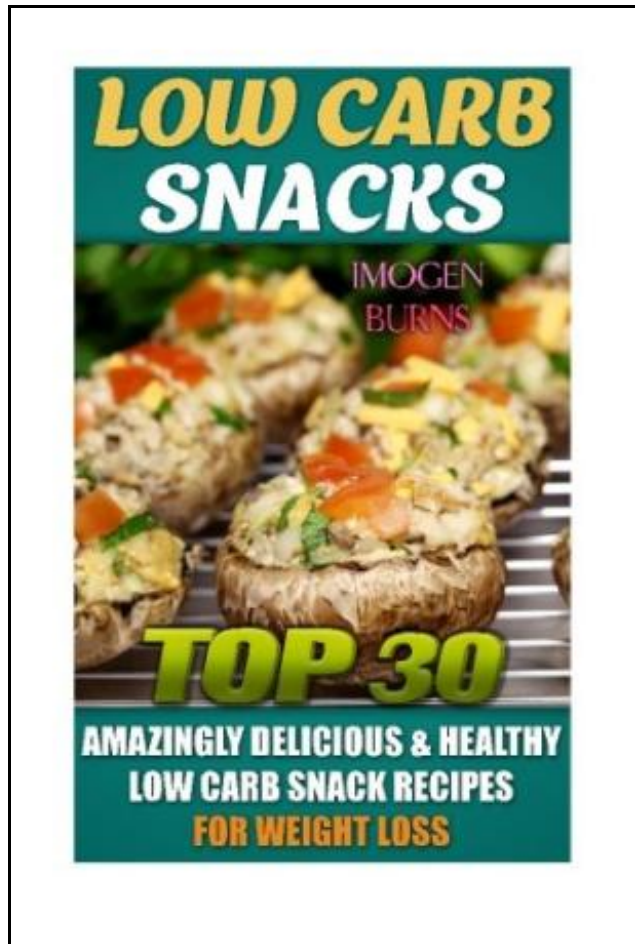


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
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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Low Carb Snacks Top 30 Amazingly Delicious Healthy Low Carb Snack Recipes For Weight Loss When following a low carb eating plan, snacking can be one of the hardest things to get right. We all have times when we need to grab something to eat for energy or a reward, and the temptation to think this doesn't count or what choice do I have? when reaching for a candy bar or packet of crisps can be immense. This book helps you to plan delicious, fast snacks to make sure your diet stays on track. It includes recipes for: Home made beef jerky - without preservatives or sugars Ten different egg recipes to stop you from getting bored with boiled Sweet treats to stop your sugar cravings With a little foresight and planning, you can stick to your low carb plan without compromising on taste or variety. Download your E book Low Carb Snacks: Top 30 Amazingly Delicious Healthy Low Carb Snack Recipes For Weight Loss by scrolling up and clicking Buy Now with 1-Click button! Tags: low carb diet books, low carb, low carb cookbook, low carb diet for beginners, low carb recipes, low carbohydrate foods, low carb slow cooker chicken recipes, low carbohydrate, low carbohydrate living, low carbohydrate diet, lchf diet, lchf cookbook, lchf recipes, low carb high fat, low carb high fat cookbook, low carb diet manual, low carb high fat diet, low carb diet for dummies, low carbohydrate cookbooks, low carb quick and easy.

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