



## Slow Cooking: Savory Secrets and Western Flavors

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By Marilyn Noble

Rio Nuevo Publishers, United States, 2011. Paperback. Book Condition: New. 226 x 224 mm. Language: English . Brand New Book. Deeply delicious food with a Southwestern sparkle will comfort your hunger and fill your home with savory aromas. Southwest Comfort Food: Slow and Savory presents more than 100 recipes to warm your heart and tickle your palate too. This wonderfully satisfying new cookbook by Marilyn Noble features many homey favorites like Green Chile Stew (Chile Verde) and Chocolate Cherry Bread Pudding, which are neither complicated nor expensive just yummy. In dishes such as Jalapeño Pulled Pork and Buffalo (or Beef) Osso Buco, she shows how long, slow cooking coaxes rich flavor from modest ingredients. A special overnight marinade adds zing to Spicy Southwestern Leg of Lamb, and cool sweet-tart Cherry Mint Sauce also adds bright color. Smoked Sausage Strata waits all day in the fridge for a final bake when you get home from work. For dessert, Marilyn's Arroz con Leche y Chocolate is a sublimely comforting Southwestern version of rice pudding, easily made in a slow cooker.



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